

Short Paragraph on Early Rising

Early rising is a good habit of getting up from bed early in the morning. If one wishes to rise early in the morning, he can make it into a habit. This habit is very useful to man. It improves his health and gives him energy. An early riser gets enough time to perform his daily work. He can start his daily work earlier. He has nothing to worry about. He is never in a haste, on the other hand, a person, who does not get up early generally faces many problems. He may be late for the office, may miss the schedule, or even fail to perform his daily work timely. Nature is completely calm and pure then. The beautiful gifts and colorful nature reminds everybody of the almighty creator. So, the early riser can enjoy all these and be benefited. An English proverb says, *"Early to bed and early to rise makes a man healthy, wealthy, and wise."* So, we should be sincere to form this habit.

Or,

Paragraph about Early Rising

Question: Write a Paragraph about 'Early Rising' by answering the following questions.

What does early rising mean?

What is essential for us?

What opportunities does the early riser have?

What does think the early riser about Allah?

What habits should we make?

Answer: Early rising means getting up early in the morning. It is a good habit. It is good for your health. An early riser can have some walks in the morning. In the morning the air remains fresh. So, an early riser can take fresh oxygen. The fresh air also refreshes his

mind. The quiet of nature soothes his mind. He can enjoy the eye-catching beauty of nature. Beautiful birds, the clear sky, and the calmness of nature make him think about Allah. A light morning walk makes him active. It helps him to continue his daily work without any breaks. An early riser can have much time to do his duty. Everybody should form a habit.

Or,

Early Rising

Question: Write a paragraph on 'Early Rising' by answering the following questions:

What is early rising?

Is early rising well for health?

What things enjoy an early riser?

What advantages are there in early rising?

Answer: Early rising is a habit by which a man gets up early from bed. It is useful in many ways and it is called a good habit. There is a proverb, "Early to bed and early to rise, makes a man healthy, wealthy, and wise. An early riser can take exercise in the morning and it is essential for body and mind. He can also enjoy the fresh morning air. An early riser enjoys the beauty of nature and the colourful flowers and green leaves of the morning make him fresh and alive. An early riser begins his daily work early and he can do more work than the people who get up late. So early rising is really the source of health, wealth, and wisdom.

Or,

Early Rising

Question: Write a paragraph about 'Early Rising' by answering the questions below,

What is early rising?

Why is early rising beneficial?

How does the habit of early rising help a man to be healthy?

How does the habit of early rising help a man to be wealthy?

Why should we try to form the habit of early rising?

Answer: Early rising is an act of getting up early from bed. It is a good habit which is beneficial both for health and mind. It is generally believed that an early riser can never be idle. He surely becomes an active man. The habit of early rising makes a man sound in body and mind because he can breathe fresh air in the early morning which keeps him healthy. Since the early riser becomes active and healthy, he can easily earn more money. So, it also helps a man to become wealthy. Moreover, a man with the habit of early rising will never complain about the shortness of time. The habit of early rising makes a man regular, punctual, and disciplined: So, we should try to form the habit of early rising.