

Paragraph on Smoking

Question: "Smoking is a dangerous-habit". Complete the following line in two paragraphs. In the first paragraph, you will write the causes and problems caused by smoking and in the second you will suggest a possible solution to it.

Smoking

Answer: It goes without saying that smoking is a dangerous habit. In spite of knowing the truth, more than eighty percent people of in our country are in the habit of smoking. Smoking causes many fatal diseases. It causes cancer, heart attack, chronic bronchitis, and some other diseases. One puff of cigarette contains fifteen billion particles of injurious matters. Nicotine is one of them. It prevents the free flow of blood through the veins. This reduces the supply of oxygen in the body. It damages our lungs. It also harms the nerves. damages the brain and sometimes spoils character. People addicted to smoking lose their appetite for food and energy for power. Smoking also pollutes the environment and the air. Besides. it causes irritation in the eye. offends the nose and unsettles the mind. Smoking is so dangerous that the stench of cigarettes is repulsive to a non-smoker. Moreover. it wastes a lot of money. So all of us, irrespective of caste, creed, color, religion, and age should launch a massive campaign against smoking.

First of all by creating awareness the bad habit of smoking can be given up. Smokers should realize that it is a slow poison. It, instead of lengthening the longevity, shortens life. It causes many fatal diseases. Smokers should also realize that it can not make them smart. They should also know that. it pollutes the environment. It causes a sense of revulsion to the non-smokers. Its stench is unbearable. It costs a lot of money, So smokers should realize that

smoking is nothing but sheer wastage of money. Last of all giving up the habit of smoking depends on the goodwill and willpower of the smokers.