

Paragraph on Smoking, A Bad Habit

Question:

What is smoking?

Why do the people generally smoke?

What are the bad effects of smoking?

How does a nonsmoker become addicted?

What should we do to stop smoking in our country?

Answer: Inhaling the smoke of burnt tobacco is called smoking. The taste of tobacco can be taken in different ways. As cigarette, pipe, chewing dried tobacco, use tobacco powder etc. In whatever way tobacco is consumed, none of them is least harmful. It is said that inhaling tobacco smoke provides stimulation. But it is not true. Rather there are many bad effects of smoking. It causes a respiratory problem, bronchitis, asthma etc. A smoker suffers from hypertension, anxiety, digestion. In order to keep our people healthy and working we need to prevent this malady. The government has already prohibited smoking in public places. Above all, we should say 'no' to smoking.

Or,

Smoking, A Bad Habit

Question: Answer the following questions to form a continuous paragraph. (100 words)

Do you consider smoking a very bad habit?

What are the dangers of smoking?

How can a smoker harm a non-smoker?

Are there smokers in your family?

Do you think that smoking in public places should be banned?

Answer: It is generally considered that smoking is a very bad habit. No one can deny the harmfulness of smoking. I also consider it a very bad habit. It is injurious to health. It may cause cancer, heart attack, chronic bronchitis, and some other fatal diseases. One puff of cigarette smoke contains fifteen billion particles of injurious matters like nicotine, methyl alcohol, carbon monoxide, formaldehyde, arsenic, benzopyrene etc. All these directly affect a smoker. Besides, a non-smoker sitting or living with a smoker is also affected by these. Because he has to inhale all these fatal elements. So, smoking in public places must be banned. Luckily there is no smoker in our family. I hope all the other families would be like ours.