

Essay on Account for The Popularity of Sports

Sport is very popular among the people of the world. In fact, its popularity is always increasing. One possible reason for this is that as machines take over much of our jobs we have more free time to do as we please. Sports provide the means for this pleasure.

In times past when our ancestors had to struggle just to fill their stomachs, they had no time for sports. They were too busy hunting for their meal or ploughing their land. In short, they hardly had any leisure time. By the time they finished their daily chores, they would not have any strength left to do anything else.

Today we have plenty of leisure time. We do not have to hunt animals for ploughland. animals are reared and land ploughed by machinery. Machines do many of the dreary chores, We do not use as much of our physicals bodies as our ancestors did, We do not need to.

However, we still possess our bodies that were built to do physical work. If we did not exercise, then our bodies would develop all sorts of illnesses and problems. So we have to exercise to keep healthy and one of the best ways to do it is via sports.

There are many types of sports and games that we can take part in. For, the robust outdoor type there are soccer, hockey and rugby. For the less robust, there are games like badminton and tennis. Yet there are some who prefer to jog or walk. Whatever their preferences, those people with a lot of leisure time are the ones who most actively participate in sports.

Even the non-active or incapable ones, young and old, are involved in sports. Spectators by far outnumber the participants. They cheer and

support their heroes. They also hiss and boo at their heroes' opponents. All in all, it is a hugely exciting arena where participants and supporters make sports what it is today.

The popularity of sports has progressed to the point now where we have professional sportsmen and sportswomen. Sport is big business. For the really outstanding ones, the rewards are considerable. Sports firms rake in huge profits selling their products. Even governments have been bitten by the sports bug. They are heavily involved in promoting sports to their people. National honour via achievement in sports is of vital importance.

The importance put on sports by the countries of the world is very obvious judging by how much money and effort they put to produce world-beaters. The Olympics have become a global event where national pride is fought for. Otherworld championships are no less competed for. The winners stand proudly above the vanquished.

Finally, it can be said that sports are a sort of release valve for people. We are all animals by nature and we need to release our stored energy. If we did not expend our energy on sports, we would probably be busy trying to kill one another. Sports is very necessary.