

Dialogue Between You and Your Friend About the Good Effects of Morning Walk

Question: You are Rakib. You met your friend Rijol. Nowadays, he feels tired and looks weak. You advise him to walk in the morning regularly. Now, make a dialogue between you and Rijol about “The good effects of morning walk.”

Answer: A dialogue on The good effects of morning walk’ between myself (Rakib) and Rijol.

Rakib (myself): Hi, Rijol? How are you feeling today?

Rijol: O’ Friend, Not well at all. In fact, most of the time I feel tired and giddy.

Rakib: Do you follow the rules of good health? Do you get up early in the morning and go out for a walk?

Rijol: No, I’m a late riser because I go to bed late. I never go out for a walk in the morning.

Rakib: Now. I understand the cause of your giddiness and tiredness. Do you want to get rid of it?

Rijol: Sure. Please tell me what I should do.

Rakib: That’s very simple. You have to change your bad habits. You have to get up from bed early in the morning and go out for a walk. Do you agree?

Rijol: I must agree. But how can you help me in this regard?

Rakib: No problem. I will call you every morning and you can join me easily.

Rijol: Ok. It'll be so nice. Hoping to meet you tomorrow morning.
Bye.

Rakib: Bye