

Composition on The Night Before the Examination

The night before an examination is really fearful to almost all the examinees. Most of the students appearing at the examination suffer from anxiety at the night before the examination. They become panic-stricken.

Different types of students have different experiences at the night before the examination. But it is true that most of the students are filled with tension and feeling of uncertainty. The students who have neglected their studies throughout the year and those who were careless about their books become impatient before the night of examination. They collect notes and learn some selected questions. Then they try to commit them to memory. But it is not possible for them to prepare all the questions overnight. They pass the whole night without sleep and go to examination hall with armies in mind.

There are some other students who turn pages and try to revise some questions. But to their utter surprise and horror, they discover that they have forgotten all the questions they learnt. They are filled with despair.

Many examinees take cups of tea one after another to keep them awake and start reading. But they feel feverish and in the morning they go to the examination hall with a mind full of fear and feeling of sickness. There are some examinees who are found busy in cutting pages of books, writing answers in small-sized papers for copying in the examination hall. Many students have examination phobia. They are always afraid of examination. They pass a sleepless night. They move at this side or that side of their bed.

But some students who have studied throughout the whole year very

carefully do not get nervous. They revise their prepared answers to the probable questions as usual and go to the examination hall without tension. They go to sleep as usual. They do not feel anxiety. They answer the questions to the point and do well in the examination.

It can not be denied that the night before an examination is fearful to almost all the students. More or less, every student suffers from anxiety, panic and nervousness. To avoid the situation, all the students should study seriously and carefully from the beginning of the session and also should attend the classes regularly.