

# Composition on Tea Or, A Popular Drink

Introduction: tea is the most popular drink in the world today. It is very refreshing. It has become so popular that even in a remote village a guest or visitor today is entertained with a cup of tea. It is really a good stimulant. This plant is an evergreen shrub.

Where grown: tea plants grow well in the sloping of the hills where there is much rainfall as well as sunshine. Tea is extensively grown in Sri-lanka, China, and Japan, Indonesia, Bangladesh, and India. In Bangladesh, there are tea gardens in the hilly parts of Sylhet, Comilla and Chittagong hill tracts.

The process of cultivation: the seedlings are transplanted in the tea gardens and planted in rows at small intervals. After a certain stage in their growth, the twigs of the plants are pruned and the buds are nipped up so that they cannot reach a height of more than their feet or so.

Plucking of leaves: the leaves are plucked four times a year in April, June, July, and August. After gathering the leaves and buds they are rolled by machine and dried in burning fire.

Preparation: the preparation of tea is again along with an interesting process. Water is first boiled in a kettle and the desired quantity of tea dust is put in it. After a few minutes, the boiled leaves are separated from the liquor. Then the liquor is poured in cups. Some milk and sugar are mixed with it. Thus we get tea as a tasty drink.

Usefulness and bad effect: tea is a refreshing beverage. All people rich and poor are habituated to drink tea. It gives us freshness and increases our energy after prolonged toil.

Conclusion: Bangladesh produces a large quantity of tea. She earns a lot of foreign currency by exporting it to foreign countries. However, more scientific cultivation and preparation can promote the market Bangladeshi tea in the world.